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# OCCUPATIONAL THERAPY

## Services In Iowa

### Activities may include:



#### • Activities of Daily Living

- feeding
- dressing
- self-care



#### • Educationally Related Activities

- fine motor
- sensory



#### • Play skills

- engagement and positioning
- manipulation of toys



MISSISSIPPI BEND AREA EDUCATION AGENCY

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# OCCUPATIONAL THERAPY

## Birth - 3 years

### Early ACCESS - Occupational Therapy

#### Focus

The primary role of the Early ACCESS occupational therapist is to work with the family and caregivers, to enhance their ability to care for their infant/toddler within the home and community, as it relates to the development of the infant or toddler's self-care, social interaction and play skills.

#### Eligibility

In order to be eligible for Part-C-Early ACCESS occupational therapy services, an infant or toddler must have at least a 25% delay or a known condition. This delay, or probability of delay, must also warrant the need for occupational therapy services.

#### Location

Services must be provided in natural environments (those places where typically developing children are located).

#### Evaluation Procedure

The occupational therapist evaluates the infant/toddler's performance using developmental evaluations through observation and assessment in the natural environment.

#### Service Determination

The IFSP team, including the parents and the occupational therapist, determines the infant or toddler's needs and priorities.

The IFSP team establishes the outcomes and services necessary to meet the infant/toddler's and the families needs.

## 3 - 21 years

### Educationally related Occupational Therapy Services

#### Focus

The primary role of the Mississippi Bend Area Education Agency occupational therapist is to work collaboratively with the educational staff and the family to develop educationally related programs to enhance performance, and to work with the student to develop the skills necessary to meet the educational goal.

#### Eligibility

Occupational Therapy is provided if a student is unable to participate, or has difficulty participating, in some facet of their educational program.

This difficulty or inability to participate must warrant the expertise of the occupational therapist.

#### Location

Services are to be provided in the least restrictive environment where typical students are expected to perform the same tasks.

#### Evaluation Procedure

The occupational therapist reviews the classroom and school expectations (standards/benchmarks) for typical preschoolers or students.

The occupational therapist evaluates the student, through observation and assessment in the natural environment, to identify the supports and barriers to the student's performance.

#### Service Determination

The educational team, which includes the parents and the occupational therapist, determines the student's priorities and the need for an individualized educational program(IEP).

The IEP team establishes the student's needs, goals, and the services necessary to meet those educational needs.

