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PHYSICAL THERAPY

Services In Iowa



Physical Therapy Services may include:

- **Therapeutic positioning and mobility for play and educational activities**
- **Functional motor skill development (sitting, crawling, walking)**
- **Assessment and assistance in the provision and planning of therapeutic equipment: positioning chairs; standers; mobility aids; wheelchairs; and bracing/orthotics**



PHYSICAL THERAPY

Birth - 3 years

Early ACCESS Physical Therapy

Focus

The primary role of the Early ACCESS physical therapist is to work with the family and caregivers to enhance their ability to care for their infant/toddler within the home and community as it relates to the development of the infant or toddler's large motor skills and mobility.

Eligibility

In order to be eligible for Part-C-Early ACCESS Physical Therapy services an infant or toddler must have a 25% or greater delay in motor skills or a known condition, based on informed, clinical opinion that has a high probability of later developmental delay. This delay or probability of delay then must also warrant the need for physical therapy services.

Location

Services must be provided in natural environments (those places where typically developing children are located).

Evaluation Procedure

The physical therapist evaluates the infant/toddler's large motor performance using developmental evaluations and through observation and assessment in the natural environment.



Service Determination

The IFSP team, which includes the parents and the physical therapist, among others, determines the infant or toddler's and the families needs and priorities.

The IFSP team establishes the outcomes and services necessary to meet the infant/toddler's and the families needs.

3 - 21 years

Educationally related Physical Therapy Services

Focus

The primary role of the AEA physical therapist is to work collaboratively with the educational staff and the family to develop daily programs to enhance functional motor performance and to work with the student to enhance the skills and performance necessary to meet the educational goal.

Eligibility

Physical Therapy is provided if a student is unable to participate or has difficulty participating in some facet of their educational program due to a deficit in functional motor/mobility skills.

This difficulty or inability to participate must warrant the expertise of the physical therapist.

Location

Services are to be provided in the least restrictive environment, usually in those places where typical students are expected to perform the same tasks.

Evaluation Procedure

The physical therapist reviews the classroom and school expectations (standards/benchmarks) for typical preschoolers or students within the district.

The physical therapist evaluates the student through observation and assessment in the natural educational environment to identify the supports and barriers to the student's performance.

Service Determination

The educational team, which includes the parents, determines the student's priorities and the need for an individualized educational program (IEP).

The IEP team establishes the student's needs, goals, and the services necessary to meet those needs.