



FAMILY RESOURCES INC.  
SERVING FAMILIES SINCE 1849

# Pediatric Integrated Health Program (PIHP)

*An Introduction*




## MAGELLAN BEHAVIORAL HEALTH SERVICES

In partnership with IME and community-based providers, Magellan is supporting the development of a *specialized health program* for Iowa plan members\* with:

- Serious and persistent mental illness (SPMI)
- Serious emotional disturbances (SED)
  - means a diagnosable mental, behavioral, or emotional disorder that (1) is of sufficient duration to meet diagnostic criteria for the disorder specified by the DSM-IV-TR (2) has resulted in a functional impairment that substantially interferes with or limits a child's role or functioning in family, school, or community activities.

\* Includes approximately 411,000 members; most Medicaid members are eligible for the Iowa Plan.



## WHAT IS THE INTEGRATED HEALTH PROGRAM?

The Integrated Health Program (PIHP) is a *team-based* healthcare delivery model that provides *comprehensive, continuous care* to patients with the goal of obtaining *maximized health outcomes*.

The Integrated Health Program provides services to both adults and children and their families. It is an additional free service for individuals covered by Medicaid.



## INTEGRATED HEALTH PROGRAM (previously referred to as "home")

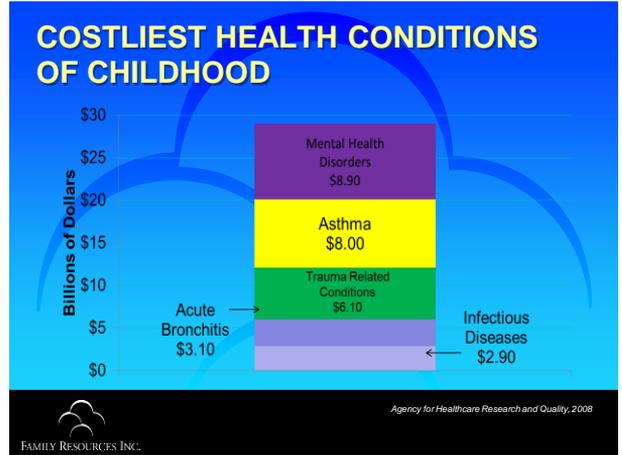
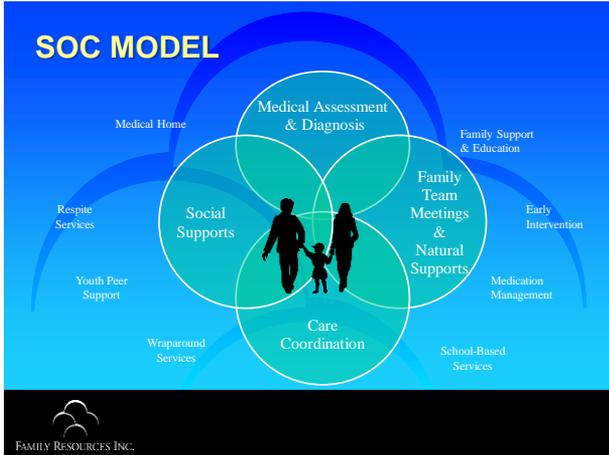
The Pediatric Integrated Health Program will provide support and assistance to those children and families that may need extra support and help navigating the complex healthcare systems.

Whole Person Health Model – Connect the head and body back together.

Focus:

- Prevention and early identification
- Intervention
- Coordination





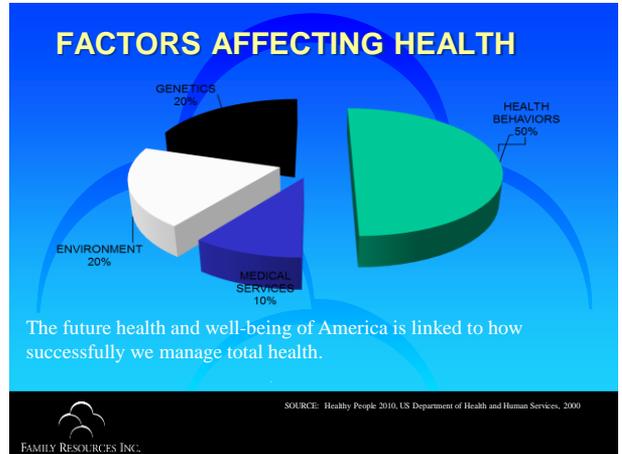
### PREVALENCE OF MENTAL HEALTH CONDITIONS

- 1 in 5 children/youth birth to 18 years old has a diagnosable mental health disorder
- 1 in 10 children/youth has a serious mental health problem that is severe enough to impair functioning at home, in school, or in the community
- Onset of major mental illness may occur as early as 7-11 years old
- Roughly 50% of all lifetime mental health disorders start by mid-teens
- 25% of adults in America struggle with mental illness causing significant daily functional impairment
- Adults living with mental illness die 25 years earlier than other American

Higher incidence of:

- High Blood Pressure (3%)
- Smoking (15%)
- Heart Disease (2%)
- Diabetes (1%)
- Obesity (7%)
- Asthma (5%)

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## FAMILY RESOURCES PIHP

Serving Scott & Muscatine County

Healthy Kids. Healthy Families. Healthy Community.



## HOW DOES THE PROGRAM WORK?

Family Resources' Pediatric Integrated Health Program offers free help to parents in meeting the physical health, mental health and social support needs of their children.

Finding and accessing resources for children with emotional and/or behavioral needs can be confusing. Our Pediatric Integrated Health team is here to help!



## THE PIHP TEAM

A *Care Coordinator* is a resource specialist and will help the child and family develop a plan and identify resources to help achieve their goals.

A *Family Peer Support Specialist* is a parent who has experienced caring for a child with mental, emotional or behavioral challenges. This Specialist will provide the child and family with direct support and help connect them with services for the child.

A *Nurse Coordinator* is available to help the child and family manage the child's total medical and emotional health care needs.



## PIHP SERVICES PROVIDED

The Integrated Health Team will:

1. Comprehensive Care Management:
  - Help the family to reach their physical and mental health care goals by providing support, education and access to resources
  - Communicating with all providers involved in the clients health care to ensure overall health of the client
  - Ensuring that the appropriate services are arranged to address the clients mental and physical health needs
  - Assessing the patients behavioral and physical healthcare needs
2. Care Coordination:
  - Assisting clients with medication management
  - Making referrals
  - Scheduling and attending appointments, Reminders
  - Understanding health care and insurance coverage
  - Health support and/or lifestyle modification, and behavior changes



### 3. Health Promotion:

- Increasing health literacy and self management skills
- Fitness & Nutrition
- Health Education
- Disease prevention
- Safety and an overall health lifestyle

### 4. Comprehensive Transitional Care:

- Ensuring appropriate follow up when transitioning from inpatient care to other settings

### 5. Individual and Family Support Services:

- Help the family find answers to questions or direct them to learning opportunities
- Provide advocacy for the child and families and 24/7 support
- Assisting in obtaining and adhering to medications and other prescribed treatments
- Supporting individuals in navigating the complex healthcare system

### 6. Referral to Community and Social Support Services:

- Coordinating community supports such as recovery services and social health services
- Helping the child and family understand eligibility of various health care programs, disability benefits, and identify housing



## SUCCESS STORIES

*PIHP enrolled a family in which the child's mom spent the enrollment interview in tears, saying we were her last hope. She had not felt comfortable with her child's mental health provider and stopped taking him. He was now off his meds and his behavior was unmanageable. PIHP assisted the family in having the child's medications re-started in the hospital. We then made sure follow-up appointments were made at a new provider who understood the situation. The care coordinator accompanied the family to the first appointment to provide support. The child's mom reports that he is once again the sweet child she knows.*

*A young child with learning disabilities was placed on an Individual Education Plan (IEP) through her school. Her mother was feeling overwhelmed and confused about what this involved and how best to help her daughter succeed in school. PIHP scheduled a meeting with the special education instructor and the mother so that everyone could understand the daughter's IEP and get some tips on studying with mom at home. Her mother felt much more confident in meeting her daughter's needs from then on.*



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**Times**

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It's a team effort \* By [Deirdre Baker](#)

Genie Olson of Davenport walks with two of her three children, Yahzeonia Slater, 8, right, and Aaron Miller, 6, down the midway at the Mississippi Valley Fair. In addition to being the mother of three, the 29-year-old Olson has been diagnosed with two chronic illnesses. The family is receiving help, though, from Iowa's new Pediatric Integrated Health Program, which is available to them through Family Resources Inc., Davenport.



## ENROLLMENT

1. Make a direct referral when you have the permission of the family
  - Call -1-855-277-0430
  - Referral form
  - [www.famres.org](http://www.famres.org)

