

# Self Advocacy Check List: Are You Ready?

SELF ADVOCACY SKILLS	YES	NO	I NEED HELP WITH THIS
I know how I learn best			
I can explain how I learn best to other people			
I know what my disability is			
I know what helps me to be successful			
I know how to get the help I need			
I know which laws protect my civil rights			
I go to my IEP meetings and tell my team what I need			
I know what my strengths are			
I know what my weaknesses are			
I ask teachers for help when I don't understand what to do			
I can talk to other people about what I need			
I can find more than one way to solve a problem			
I ask questions in class			
I can tell my friends what I think			
I can tell my family what I think			
I can decide if other people's advice is right for me			