

Teaching About HIV/AIDS/STDs
and Human Sexuality Education



June 14-16, 2006
Kansas City Airport Hilton

Sponsored by:
*Kansas State Department of Education
Missouri Department of Elementary and Secondary Education
Missouri Department of Health and Senior Services
Kansas Department of Health and Environment
Iowa Department of Education
Nebraska Department of Education*

Featured Speakers

Monica Rodriguez



Monica Rodriguez is the vice president for education and training at the Sexuality Information and Education Council of the United States (SIECUS). Over the course of her twelve years at SIECUS, Ms. Rodriguez has provided speeches, workshops, training, and technical assistance related to HIV prevention and sexuality education to thousands of education and health professionals, decision-makers, and parents.

Diane Ash



Diane Ash is the Prevention Team Leader for the Safe Schools Healthy Students Program, USD 497 Lawrence Public Schools, Lawrence, Kansas. Ms Ash has helped develop and implement prevention and intervention programs for students K-12 for 22 years in Topeka and Lawrence, Kansas. Over 200 Kansas and Missouri schools, state agencies, educational service centers, professional organizations, churches and parent groups have requested Ms Ash's presentations for the classroom, student leadership days, PTO meetings, staff development and conference keynotes. Known for her dynamic and straight-forward presentations, Ms Ash targets the importance of a healthy personal boundary system and its relationship to student risk-taking behaviors, parental monitoring and staff burnout.

David Wiley



David Wiley, Ph.D., Professor of Health Education at Texas State University and is a lifelong health educator who has focused his professional career on the health and well-being of children. Dr. Wiley has testified on numerous occasions before the Texas State Board of Education (SBOE), the Texas Legislature, and the Texas State Board for Educator Certification (SBEC), and has also served on the SBOE Review Committee for the Texas Essential Knowledge and Skills for Health Education. The Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD) recognized Dr. Wiley in 1996 as the Outstanding College Health Educator in Texas for Health, Physical Education, Recreation, and Dance, presented the Distinguished Service Award by the American School Health Association (ASHA) in 1999, and in 2002 was awarded the Martha Licata Service Award by the Texas School Health Association (TSHA). In 2005 he received the John P. McGovern Award from the Texas School Health Association. Dr. Wiley is the Past-President of TSHA and is a former member of the Board of Directors and Executive Committee of ASHA. He was recently elected President-Elect of ASHA. He also a former school board member for the Hays Consolidated I.S.D. in Kyle, Texas.

June 14, 2006

7:00 - 8:00 a.m.

Registration/Continental Breakfast

8:00 - 8:15 a.m.

Introductions/Orientation

(Shawnee Ballroom A/B)

8:15 - 9:30 a.m.

KEYNOTE

***Keeping It Real: Cultural Change In the
Sexuality Education Classroom***

(Shawnee Ballroom A/B)

Monica Rodriguez, MS

The opening session will provide information and inspiration for integrating the concepts of cultural competence into sexuality education programs with young people. Special emphasis will be on women and other minorities.

9:30 - 9:45 a.m.

Break

9:45 - Noon

Breakout Session Session #1

**A. *Friends With Benefits: Making Decisions
Together***

(Shawnee Ballroom A)

Leslie Whitehill, MS

Your ability to discuss sexual topics plays an important role in your sexual health. Discussing past sexual histories, contraception, and setting limits, can help prevent unwanted pregnancy and transmission of STIs/STDs and HIV. A series of teaching strategies that encourage small and large group discussion about sexual wellness will be presented.

**B. *Comprehensive Human Sexuality Education:
Meeting The Needs of All Youth***

(Shawnee Ballroom B)

Dom Splendorio, MS

Participants will be involved in experiential classroom activities that can be used with middle school and high school youth. These skills-based activities will deal with HIV/STD's, sexual harassment, healthy relationships, risk reduction, media analysis, abstinence and safer sex, and other issues facing adolescents. Complete lesson plans referencing the National Standards will be provided.

June 14, 2006 (continued)

**C. *Using Technology To Teach Human Sexuality
and STD's***

(Kansa C/D)

Dean Kniss, MSE, ABD, CHES

In this session participants will be exposed to a variety of techniques that use technology as the basis for learning health concepts. Examples of how presentation tools such as PowerPoint, Windows Moviemaker, and Microsoft Word can be used by both teachers and students will be demonstrated. Participants will also be introduced to a web site designed to provide educators with a variety of tools to assist with the administration and implementation of technology based learning methods. The take-home product that participants will gain from this session will be a "Track" that they design from TrackStar. TrackStar is a program that allows the user to "collect" various Web sites, enter them into TrackStar, and add annotations and instructions for students, to provide an interactive, online lesson called a Track that students can complete at their own pace.

**D. *Communicating About Sexuality-Related
Topics: Educational Techniques to Help People
Remove the Barriers That Make Talking About
Sensitive Topics Difficult***

(Kansa B)

Jim McCall, Ph.D

Dick Fopeano, Ph.D

This interactive session will demonstrate a number of educational techniques that are aimed at helping individuals develop the professional skills needed for clear and honest communication when addressing sensitive topics.

Noon - 1:00 p.m.

Lunch

1:00 - 3:15 p.m.

Skill-building Session #2

**E. *An Effective Approach to Teaching Middle
School Youth About Human Sexuality
Education***

(Shawnee Ballroom A)

Karen Simmons, MS

During this session a very effective human sexuality education curriculum taught at the middle school level will be shared. This curriculum will focus on indicating risk factors of adolescents and influential factors of peer education programs.

June 14, 2006 (continued)

F. *The Best Sex In Kansas: Dynamic Sexuality Teaching Strategies*

(Shawnee Ballroom B)

Su Nottingham, MA

Al Craven, MS

This presentation will cover the topics of HIV/AIDS/STDs, relationships, risk reduction, reproductive systems, body image, intimacy and more. Participants will become aware of student-centered, interactive strategies as they teach the various topics in human sexuality education.

G. *Ask "Nurse Nancy" – Nursing Roles in Health and Sexuality Education.*

(Kansa B)

Bridget Price, RN

Jill Carter, RN

During this presentation, participants will discuss community resources available to assist in education, provide ideas and resources for communicating up-to-date research based information to administrators, educators and the community. Educators will also be provided with hands-on-activities to increase all educators comfort level and knowledge base.

H. *Kick Up Your Style In Sexuality Education: Integrating Media and Technology*

(Kansa C/D)

Kelly Wilson, Ph.D, CHES

Incorporating media and technology into sexuality education lesson plans can be difficult. This presentation will provide participants with an understanding and idea of how to integrate media and technology into their sexuality lesson plans. Once these techniques are introduced into the classroom, students will enhance media literacy and critical thinking skills.

3:15 - 4:00 p.m.

Networking with state representatives

June 15, 2006

7:00 - 8:00 a.m.

Registration/Continental Breakfast

8:00 - 8:15 a.m.

Introductions/Orientation

8:15 - 9:30 a.m.

KEYNOTE

Helping Students Understand Their Personal Boundary Systems

(Shawnee Ballroom A/B)

Diane Ash, Prevention Specialist

Teaching students about personal boundaries opens the doors of communication! Students from diverse backgrounds will engage more fully in human sexuality education when the boundary framework is presented in the beginning of the unit and integrated into discussions throughout the course.

9:30 - 9:45 a.m.

Break

9:45 - Noon

Skill-building Session #3

I. *Get the FACS About Teaching Human Sexuality Education*

(Shawnee Ballroom A)

Deborah Noakes, BS

This presentation takes the holistic FACS approach to the effects of teen's sexuality. Family and Consumer Sciences Programs focus on empowering individuals, strengthening families, and enabling communities. Teaching teens the appropriate decision making skills is vital to this focus. Information will be shared on how the YRBS can impact curriculum development. Come learn techniques to empower teens to make informed decisions about sexuality.

J. *Love and Sex: Understanding Relationships – An STI/Pregnancy Prevention Lesson for Grades 7-12*

(Shawnee Ballroom B)

Cynthia G. Akagi, Ph.D, CHES

This prevention lesson was originally created in 1993 for the Shawnee County Teen Pregnancy Prevention Program, Topeka, KS., which serves more than 15,000 students in five school districts. The lesson and post-assignments meet Standards #1, 3, 5 and 6 of the National Health Education Standards. Unique to the lesson is a relationship/dating wallet card every student receives after the presentation-available to educators. The presentation

will show educators the “how to” of the health lesson. If you can’t attend the session, you may download free, transparency and PP masters, instructor’s manual, etc., from www.kansashealthteacher.org.

K. *What’s New In Contraception*

(Kansa C/D)

Laura Webb, RN, BSN, BSE

This session will take an informative and hands-on look at contraceptive methods available on the market. Interactive techniques will be used to teach about these methods. We will also discuss contraceptive protection versus STD protection and look at ways to use this information in the classroom.

L. *When Inquiring Minds Want To Know: Responding to Questions Middle School Students Have Regarding Sexuality*

(Kansa B)

Carmen Hatfield, MEd

Middle School students have many questions during this confusing time in their life called adolescence. They want someone they can trust to listen to them. This session includes hands-on activities, discussions, and will help educators respond to the perplexing questions kids ask regarding sexuality.

Noon - 1:00 p.m.

Lunch

1:00 - 3:15 p.m.

Skills Session #4

M. *Capturing Those Teachable Moments*

(Shawnee Ballroom B)

Sandy Pickert, RN, BSN, FNP

Attendees will observe and participate in various classroom activities that teach lessons on sexually transmitted diseases and HIV/AIDS, character development, decision-making, goal setting, teamwork, and relationship building.

N. *Addressing Sexual Orientation In Youth*

(Kansa B)

Bonnie Edmondson, EdD

Cheryl Carotenuti, RN, EdD

This presentation will focus on implementation of research-based professional development, developed by the American Psychological Association, to increase the capacity of school health and mental health providers in addressing service delivery to lesbian, gay, bisexual and queering (LGBQ) youth. Strategies and activities to create and sustain a healthy and safe learning environment and other critical issues including victimization, stigmatization and policy implications will be discussed.

O. *Exemplary Teaching Techniques That Work!*

(Kansa C/D)

Deb Tackmann, BS, MEPD

This fun, highly interactive and hands-on health session will help you empower students with the knowledge and skills they need to make healthy sexual decisions in the 21st century. This session will demonstrate over a dozen kid-tested and approved, easy to use lessons/activities that will energize your classroom and instruction. Learn how metaphorical thinking, differentiated learning, multiple intelligence, critical thinking and other effective teaching strategies can engage students in the learning process while empowering youth to choose healthy sexual behaviors.

P. *The Great Divide: Building Bridges Between Parents and Schools For Effective Sexuality Education Programs*

(Shawnee Ballroom B)

Barb Flis, BIS

Traditionally parents have had limited involvement in school-based sexuality education programs. In this session, participants will learn about Michigan’s unique sexuality education program for parents sponsored by the state PTA and how the state’s new sex education laws mandating parent involvement has benefited school-based programs. Participants will leave with the concrete strategies for how they can reach out to parents and at the same time build advocacy for effective sexuality education programs.

June 16, 2006

7:00 - 8:00 a.m.

Registration/Continental Breakfast

8:00 - 8:15 a.m.

Introductions/Orientation

8:15 - 9:30 a.m.

KEYNOTE

Sexuality Information and Textbooks: Lessons From The Trenches

(Shawnee Ballroom A/B)

David Wiley, Ph.D

Content in health textbooks has generated controversy across the country. In Texas in 2004 health textbooks and sexuality education were at the forefront of a national debate. This presentation will focus on the specifics of the tactics used to limit content in textbooks, as well as proactive steps educators, nurses, and administrators can take to ensure quality information in health textbooks. Information on the YRBS will be shared and how that can impact curriculum and textbooks.

9:30 - 9:45 a.m.

Break

9:45 - Noon

Skills Session #5

Q. *Students with Special Needs: Addressing Their Increased Risk of STDs/HIV Through Modified Sexuality Education*

(Shawnee Ballroom A)

Elissa Howard-Barr, Ph.D, CHES

This interactive session will address students with special needs and their increased risk of STDs/HIV. Participants will be actively engaged through participation, discussion, and interactive activities while learning how to (a) modify existing sexuality curricula, (b) address specific needs of these students, and (c) access professional resources. This energetic session will help educators more fully understand and appreciate the need for expanded sexuality education for special needs students.

June 16, 2006 (continued)

R. *Building Cutting Edge Units in HIV/AIDS and Dating Violence*

(Shawnee Ballroom B)

Jon Hisgen, MS

This workshop will explore the characteristics of effective curriculum, instruction and assessment on prevention issues and apply them to two products developed in Wisconsin: An HIV unit of instruction that includes state developed performance assessments and a new dating violence unit that has performance assessments built into every lesson. Each participant will get the 2005 Health Education toolkit that includes all of the lessons plus the fourth edition of the Wisconsin Human Growth and Development toolkit and HIV/AIDS policy toolkit.

S. *Do You Feel Like Teaching HIV Education Is Like Working in A 3-Ring Circus?*

(Kansa C/D)

Sharon Miller, MS, CHES

Douglas Goodwin

When teaching HIV education to your students do you feel as if you are the ringmaster in a 3-ring circus? Students act like clowns and caged animals? Well, never fear!! Here is an interactive teaching tool that is new and will tame even the wildest beast. Don't plan to stay in your chair very long!!!

T. *No Youth Is Dispensable: Strategies for Addressing the HIV/STD Prevention and Intervention Needs of Youth In the Juvenile Justice System*

(Kansa B)

Ardith Alderdyce, MS

This session will provide participants with new ideas and strategies for forging or strengthening partnerships to support effective STD/HIV infection prevention policies, programs and practices for youth in the juvenile justice system.

Noon

Box lunch/Adjourn

Conference Overview

Target Audience

This conference is designed for teachers, school nurses, prevention and care providers, administrators, health professionals, community health planners, physicians, counselors, persons from community-based organizations, members of the faith community, social workers, parents and public health individuals.

Accreditation

CEU's will be available for nurses. This program is approved for 15 hours of continuing education units through Blue Valley Special Services LT 0174-0262.

Graduate credit through Emporia State University will be available on site, June 14, 2006 at an additional cost.

Registration Information

- In order to receive a letter of confirmation, registrations must be received by May 26, 2006. Confirmation letters will be sent or e-mailed to those who register by this deadline.
- Registrants requiring special accommodations to more fully participate in the conference may contact Dr. Darrel Lang at (785) 296-6716. We will do everything to accommodate you.
- Casual dress is appropriate. To accommodate temperature variations at the conference, please bring a sweater or jacket.
- No refunds for cancellations.

Lodging

Teaching About HIV/AIDS/STDs and Human Sexuality Education will be held at the Kansas City Airport Hilton, 8801 NW 112th Street, Kansas City, MO 64153. A block of rooms has been reserved for conference participants at the following rate: \$88 plus applicable taxes per room per night. **Cutoff date for the room block is May 30, 2006.** To make your reservations, please call the hotel at (816) 891-8900. Be sure to mention that you will be attending the **KSDE Human Sexuality Education Conference: Code CHS** sponsored by the Kansas Department of Education.

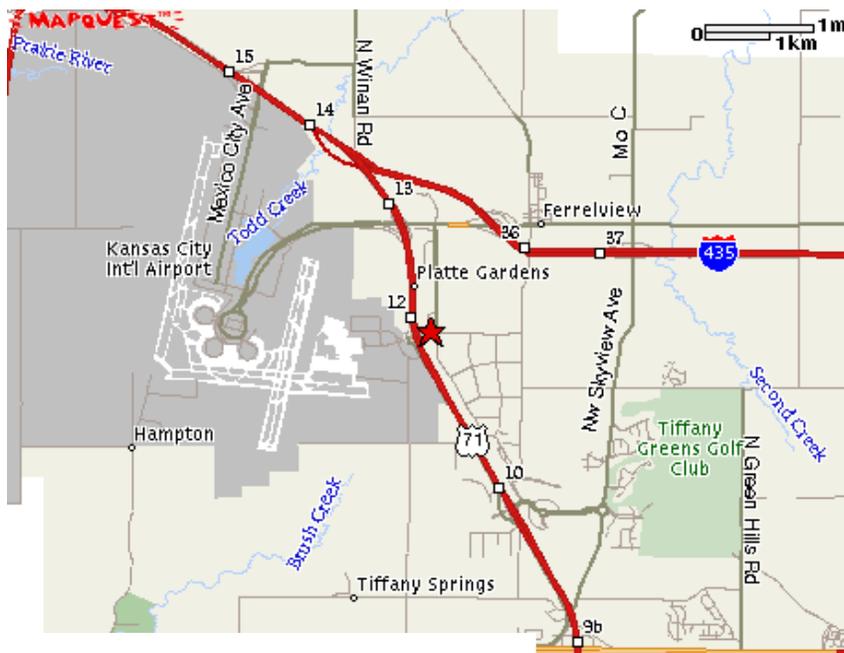
Fees

Registration fees cover all materials, including conference CD; continental breakfasts, refreshment breaks, and lunches.

<u>By May 19, 2006</u>	<u>After May 19, 2006</u>
\$225	\$275

Directions

The Kansas City Airport Hilton is located at 8801 NW 112th Street, Kansas City, MO. 64153 It is located approximately 5 minutes from the Kansas City International Airport. A free shuttle is available from the Hilton for those individuals arriving by air.



Teaching About HIV/AIDS/STDs and Human Sexuality Education Registration Form

Name _____
First Last

Title _____

Work Address _____

City, State and Zip _____

Home Address _____

City, State and Zip _____

E-Mail _____

Phone No. _____

Purchase Order #/Check # _____

Payable to: Kansas State Department of Education

Workshop Sessions

Please circle one session for each time slot that you plan to attend.

June 14, 2006

9:45-Noon. - Skills Session #1

A B C D

1:00-3:15 p.m. - Skills Session #2

E F G H

June 15, 2006

9:45-Noon - Skills Session #3

I J K L

1:00-3:15 p.m. - Skills Session #4

M N O P

June 16, 2006

9:45-Noon - Skills Session #5

Q R S T

Registration Fees

Registration Fee \$225 (Registration deadline May 19, 2006)

Please check box for vegetarian meal.

Late Registration \$275 (After May 19, 2006)

Please return all registrations and payments by June 2, 2006 to:
 Dr. Darrel Lang
 Kansas State Department of Education
 120 S.E. 10th Avenue
 Topeka, KS 66612-1182